

Red Eye Treatment

The Eye Care Center LTD — Illinois

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Burbank, IL — 8525 S Harlem Ave, Burbank, IL 60459

Willowbrook, IL — 6300 Kingery Hwy #116, Willowbrook, IL 60527

If you've noticed redness in one eye without pain—or you're struggling with a painful red eye—don't ignore it. At The Eye Care Center LTD, our experienced doctors in Burbank, Willowbrook, and Addison provide expert diagnosis and personalized care to help you find fast, lasting relief.

Why Is My Eye Red or Painful?

Eye redness can be caused by minor irritation, allergies, or dryness—but it can also indicate infections or inflammation that need prompt attention. We carefully examine your eyes to determine the cause and tailor a treatment plan that addresses both symptoms and the underlying condition.

Common Causes

- Dry eye or eye strain
- Allergies or environmental irritants
- Conjunctivitis (pink eye)
- Infections or inflammation
- Contact lens irritation
- Burst blood vessels (subconjunctival hemorrhage)

Symptoms to Watch For

Redness, burning, itching, gritty sensation, light sensitivity, blurred vision, excessive tearing, discharge, or the feeling that something is in your eye. Seek urgent care if redness is accompanied by significant pain, sudden vision changes, or sensitivity to light.

Red Eye Treatments We May Recommend

- Prescription eye drops or oral medications
- Lubricating or medicated artificial tears
- Warm compress therapy and lid hygiene
- Allergy management and environmental strategies

- Specialized treatment for infections or inflammation

What To Do Right Now

Avoid rubbing your eyes or using non-prescribed drops until you're evaluated—these can worsen irritation or mask serious issues. Our team uses advanced diagnostic tools to identify the root cause and get you comfortable quickly.

Mind■Boggling Red Eye Statistic

About **6 million people in the U.S. get acute conjunctivitis (“red eye”) each year.** Source: National Library of Medicine.

Citation: “The burden of conjunctivitis in the United States,” National Library of Medicine (PMC).

Get Relief Today. Call us at **1 (888) 899■0816** or schedule online to visit our Addison, Burbank, or Willowbrook locations.

This handout summarizes information from The Eye Care Center LTD's Red Eye Treatment page. It is not a substitute for medical advice. For concerns, please contact our office.